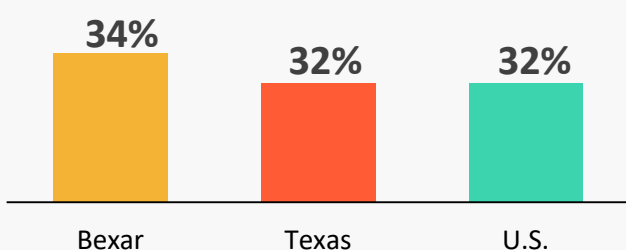


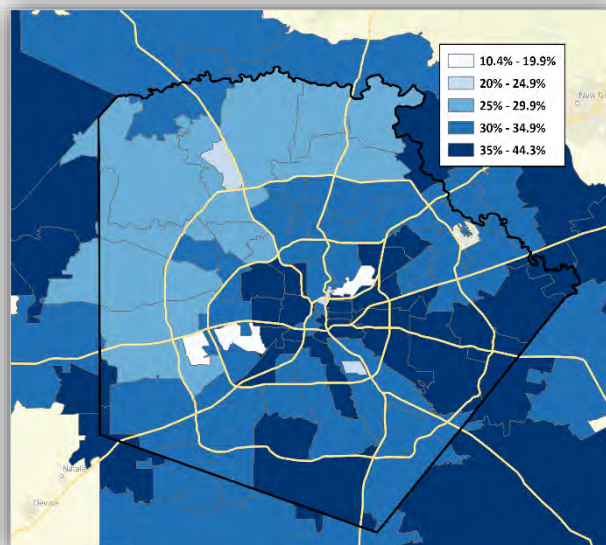
Hypertension in Bexar County

Hypertension can lead to serious health conditions such as heart disease and stroke, which are the first and fourth leading causes of death in Bexar County.¹ Approximately 34% of adults in Bexar County report having been told by a doctor, nurse or other health professional that they have high blood pressure.² Disparities exist within Bexar County in prevalence and adverse outcomes of hypertension. Geographically, the prevalence of hypertension in the top 10 (most-prevalent) ZIP codes is 2.4 times higher than in the lowest 10 (least-prevalent) ZIP codes.³ The hypertension-related hospitalization rate for Black residents is 4.2 times higher than White residents, and males have a 68% higher age-adjusted mortality rate than females.²

Prevalence of Hypertension¹



Percent of Adults with Hypertension by ZIP Code¹



Top ZIP Codes: 78201, 78202, 78207, 78210, 78211, 78214, 78220, 78226, 78228, 78237

Prevalence of Related Illnesses in Bexar County¹

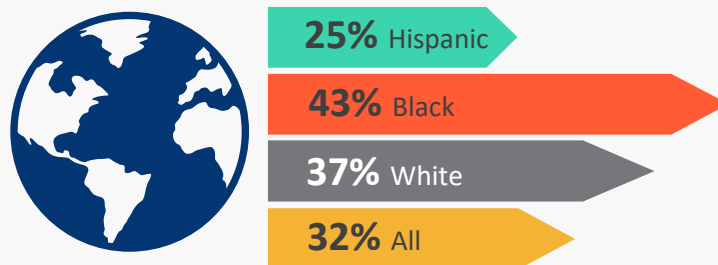


Adults who reported that they were told by a health professional that they have had a **stroke**



Adults who reported that they were told by a health professional that they have **coronary heart disease**

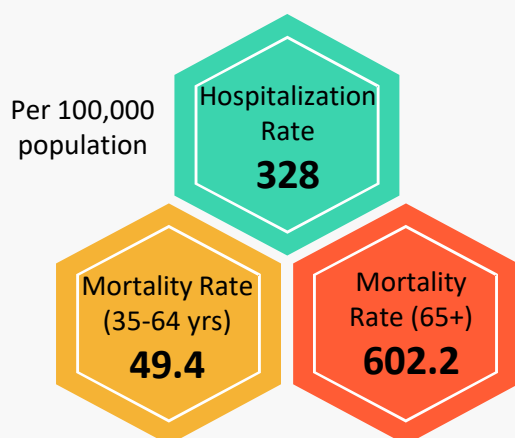
By Race/Ethnicity in Texas³



By Sex in Texas³



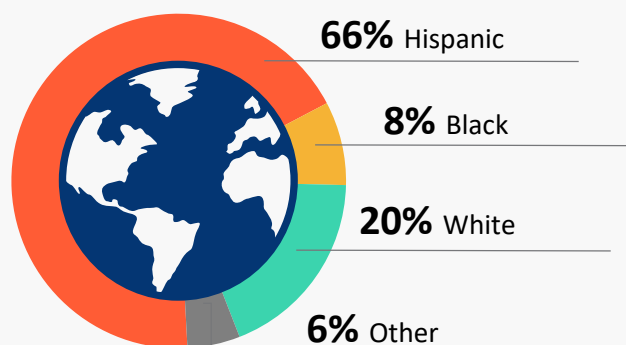
Outcomes in Bexar County^{2,4}



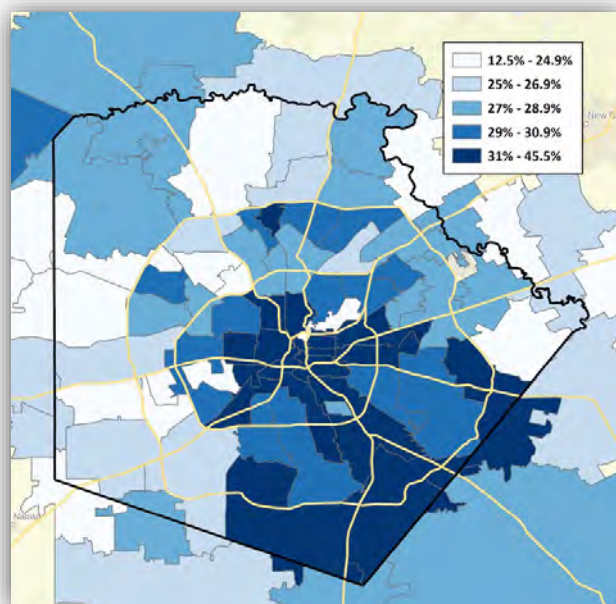
Patients with Hypertension at University Health, 2024

In 2024, 97,720 (30%) established University Health patients had a diagnosis of hypertension. Established patients include those that had at least one office visit between Jan. 1, 2022, and Dec. 31, 2024.

Race/Ethnicity

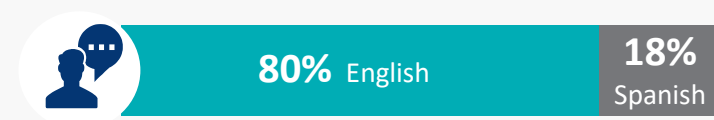


Percent of Patients with Hypertension by ZIP Code



Top ZIP Codes: 78101, 78204, 78205, 78208, 78210, 78211, 78223, 78225, 78237, 78264

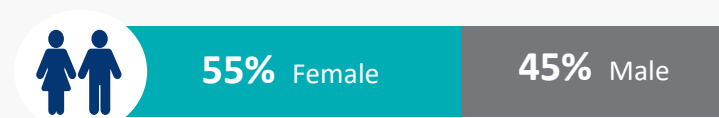
Language



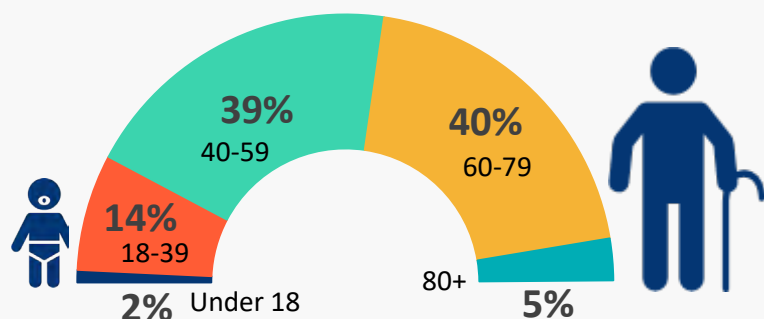
Social Vulnerability



Sex



Age



References

- 1- CDC DHDSP, 2019
- 2- CDC BRFFS, 2022
- 3- Texas BRFFS, 2021
- 4- THCIC, 2023