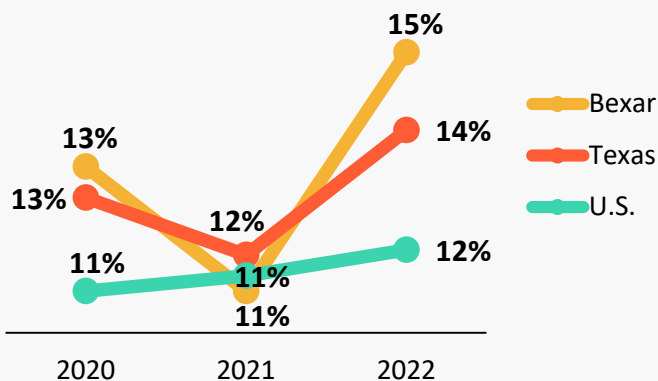


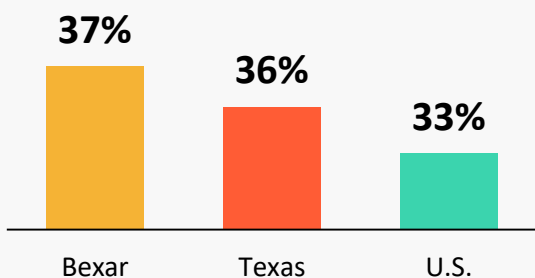
# Diabetes in Bexar County

Approximately 15% (239,179) of adults in Bexar County have diagnosed diabetes, which surpasses the national estimate.<sup>1</sup> Geographic disparities exist within Bexar County: the prevalence of diabetes in the 10 highest (most-prevalent) ZIP codes is 2.5 times higher than in the 10 lowest (least-prevalent) ZIP codes.<sup>1</sup> Additionally, males have a higher mortality rate (1.3 times higher) and amputation rate (3 times higher) than females.<sup>2,3</sup> Obesity, or having a BMI of  $\geq 30$ , is linked to up to 53% of new cases of Type 2 diabetes each year.<sup>4</sup>

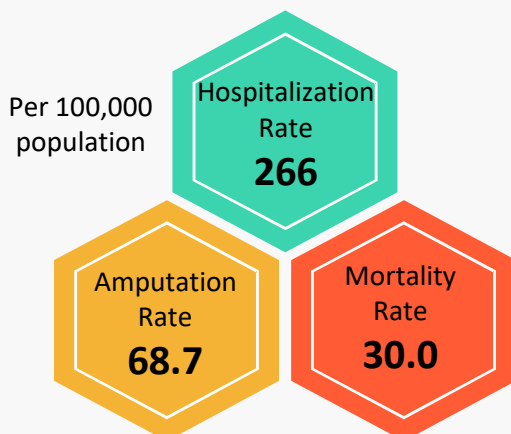
## Prevalence of Diabetes<sup>1</sup>



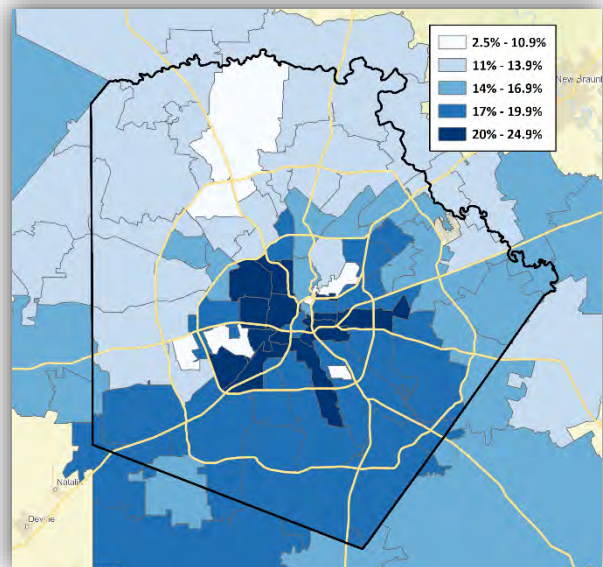
## Prevalence of Obesity<sup>1</sup>



## Outcomes<sup>2,3</sup>

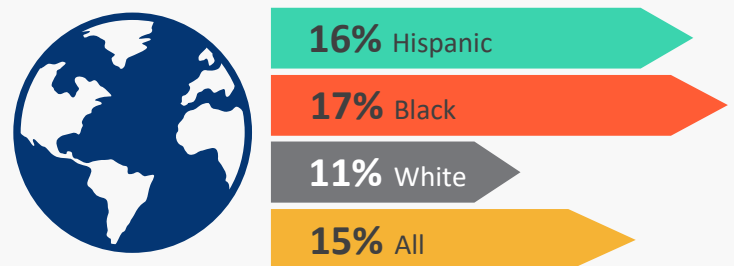


## Percent of Adults with Diabetes by ZIP Code<sup>1</sup>



Top ZIP Codes: 78237, 78207, 78220, 78226, 78225, 78211, 78214, 78208, 78228, 78201

## By Race/Ethnicity<sup>1</sup>



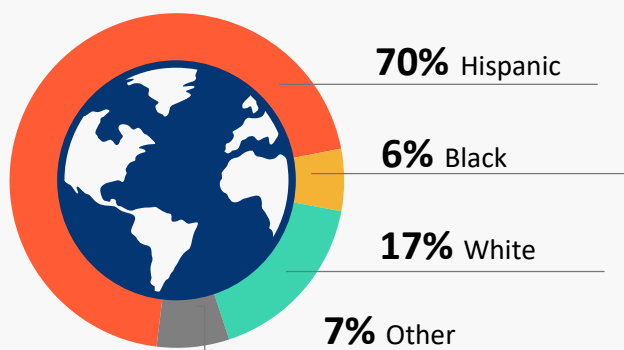
## By Sex<sup>1</sup>



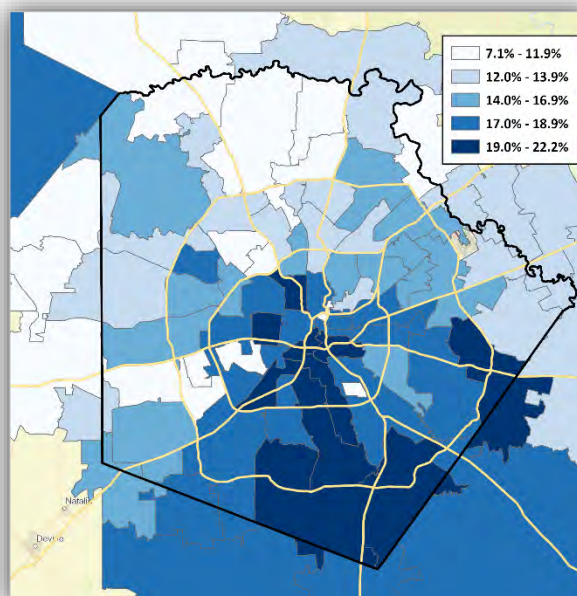
# Patients with Diabetes at University Health, 2024

In 2024, roughly 55,600 (16.6%) established University Health patients had a diagnosis of diabetes. Established patients include those that had at least one office visit between Jan. 1, 2022, and Dec. 31, 2024. The rate of Hispanic patients with diabetes is higher than both the rate of White patients (4.1 times higher) and the rate of diabetes for all University Health patients (1.1 times higher). Additionally, males have a higher rate of diabetes-related hospitalization or amputation.

## Race/Ethnicity

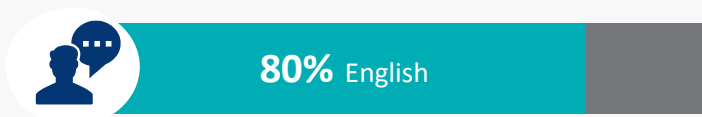


## Percent of Patients with Diabetes by ZIP Code

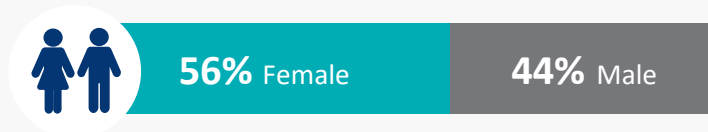


Top ZIP Codes: 78101, 78201, 78204, 78210, 78211, 78214, 78221, 78225, 78237, 78264

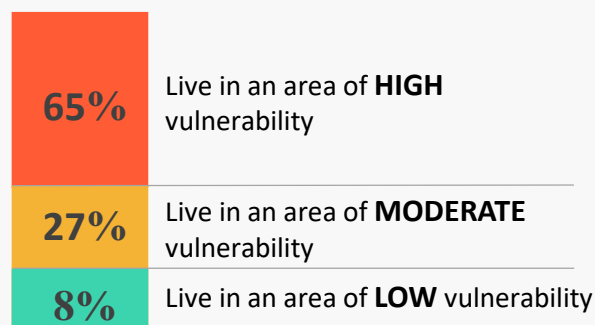
## Language



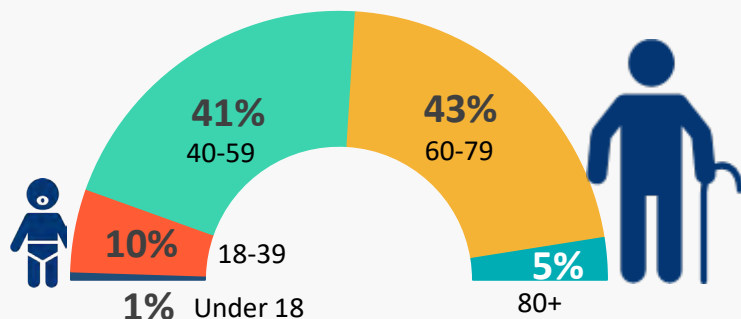
## Sex



## Social Vulnerability



## Age



## References

- 1- CDC BRFFS, 2022
- 2- THCIC, 2022
- 3- CDC Wonder Cause of Death, 2022
- 4- ADA, 2024