












Monday	Tuesday	Wednesday	Thursday	Friday
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<b>Adverse Childhood Experiences 4</b>	<b>Learning Event 5</b>	<b>Implementing TIC Principles 6</b>	7	<b>Introduction to TIC 8</b>
<p>Presented by Institute for Trauma-Informed Care 2 - 3:30 p.m. CST <a href="#">Register</a></p> 	<p>Trauma-Informed Care for Youth Impacted by Domestic Violence and Abuse Presented by Camp HOPE 1 - 2 p.m. CST <a href="#">Register</a></p>	<p>Presented by Institute for Trauma-Informed Care 5 - 6 p.m. CST <a href="#">Register</a></p> 		<p>Presented by Institute for Trauma-Informed Care 10 - 11 a.m. CST <a href="#">Register</a></p>
11	<b>Learning Event 12</b>	<b>Adverse Childhood Experiences 13</b>	<b>Discovering We Are Resilient 14</b>	<b>Implementing TIC Principles 15</b>
	<p>Freedom Isn't Free: Trauma-Informed Care with Veterans Presented by American GI Forum 1 - 2:30 p.m. CST <a href="#">Register</a></p>	<p>Presented by Communities In Schools San Antonio 10 - 11:30 a.m. CST <a href="#">Register</a></p>  <p style="background-color: #e34a33; color: white; text-align: center; padding: 2px;"><b>Introduction to TIC</b></p> <p>Presented by Institute for Trauma-Informed Care 5 - 6 p.m. CST <a href="#">Register</a></p> 	<p>Presented by Institute for Trauma-Informed Care 10 - 11 a.m. CST <a href="#">Register</a></p> 	<p>Presented by Institute for Trauma-Informed Care 10 - 11 a.m. CST <a href="#">Register</a></p>
<b>Creating a Thriving Community 18</b>	<b>Learning Event 19</b>	<b>Adverse Childhood Experiences 20</b>	<b>Building Community Resilience 21</b>	22
<p>Presented by Institute for Trauma-Informed Care 10 - 11 a.m. CST <a href="#">Register</a></p> <p style="background-color: #e34a33; color: white; text-align: center; padding: 2px;"><b>Introduction to TIC</b></p> <p>Presented by Institute for Trauma-Informed Care 1 - 2 p.m. CST <a href="#">Register</a></p>	<p>Constructions of Masculinity and Their Influence on Help-Seeking Behaviors and Well-being Presented by Becoming The Whole You 1 - 2 p.m. CST <a href="#">Register</a></p>	<p>Presented by Institute for Trauma-Informed Care 5 - 6:30 p.m. CST <a href="#">Register</a></p>  	<p>Presented by Institute for Trauma-Informed Care 10 - 11 a.m. CST <a href="#">Register</a></p>	
<b>Adverse Childhood Experiences 25</b>	<b>Introduction to TIC 26</b>	27	28	<b>SCAN FOR CALENDAR</b>
<p>Presented by Institute for Trauma-Informed Care 2 - 3:30 p.m. CST <a href="#">Register</a></p> 	<p>Presented by Institute for Trauma-Informed Care 10 - 11 a.m. CST <a href="#">Register</a></p>			

## Introduction to Trauma-Informed Care (1 Hour)

In this session, attendees will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care. This session will also highlight how the Institute for Trauma-Informed Care can assist organizations on their journey to trauma-informed certification. This presentation is derived from training received from international speaker Becky Haas.



## Building Community Resilience (1 Hour)

In this session, attendees will learn about R.O.L.E.S., a five-step process that empowers people to not only identify their personal triggers but to also create a mental paradigm shift that takes a punitive, judgmental view of behavior and transforms it into an approach rooted in positive intent and constructive outcomes. This presentation is derived from training received from Community Resilience Initiative Course 1.



## Implementing Trauma-Informed Care Principles (1 Hour)

In this session, attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation to help you on your trauma-informed journey. This presentation is derived from Basics of Adverse Childhood Experiences (ACEs), Building Resilience and Using a Trauma-Informed Approach training received from international speaker Becky Haas.



## Creating a Thriving Community (1 Hour)

In this session, attendees will learn about the K.I.S.S. framework for building community capacity through resilience. This model is a public health framework that shows how to build human capital collectively by creating stronger communities that can thrive and better manage the impact of risk. This presentation is derived from training received from Community Resilience Initiative Course 1.



## Adverse Childhood Experiences (1.5 Hours)

In this session, attendees will learn about the ACEs study, why ACEs have an immense effect on people's lives, and what we can all do to dramatically improve health and resilience for future generations. This presentation is derived from training received from ACE Interface and conducted by an approved master ACE trainer.



## Discovering We Are Resilient (1 Hour)

In this session, attendees will learn how a resilient mindset can help us become stronger emotionally by using centering skills and also help identify how resilience can be hindered. Attendees will also gain an understanding of where cultural and protective patterns come from and how they can help build resilience. This presentation is derived from the "We Are Resilient" training at Dovetail Learning.



## Missed a training? Visit our learning management system (LMS)

The Institute's LMS offers 100+ on-demand training sessions and learning events, providing 24/7 access.

Viewers can see missed sessions, revisit favorite trainings and obtain attendance certificates. Contact the Institute if you wish to receive access.



## Contact Us

Website: [InstituteTIC.com](https://InstituteTIC.com)  
Email: [iticsa@uhtx.com](mailto:iticsa@uhtx.com)  
Phone: 210-644-8801

# Trauma-Informed Care for Youth Impacted by Domestic Violence and Abuse



Hosted by the Institute for Trauma-Informed Care

## JOIN US

**DATE:** Tuesday, November 5

**TIME:** 1 - 2 p.m. CST

**REGISTER HERE:**



## ABOUT THE SESSION

Join us with Catherine Johnson from Camp HOPE America. In this session, attendees will receive an overview of Camp HOPE America's framework for working with youth affected by domestic violence. Attendees will hear examples of effective trauma-informed interventions and learn strategies for establishing partnerships to foster community and long-term healing.

**FREE Contact Hours - 1.0**  
**NCPD (nurses) & CE (social workers)**

## CONTACT US

**Website:** [InstituteTIC.com](http://InstituteTIC.com)

**Email:** [iticsa@uhtx.com](mailto:iticsa@uhtx.com)

**Phone:** 210-644-8801

## ABOUT THE PRESENTER



### Catherine Johnson

Catherine Johnson serves as the interim national director for the Alliance for HOPE International's Camp HOPE America program, an organization aimed to help youth impacted by trauma and abuse. She has more than 15 years of experience working with survivors of domestic violence and sexual assault. Catherine is also the first director of the Guilford County Family Justice Center (FJC). This county-led public safety initiative is designed to bring professionals together to provide collaborative services to victims of domestic violence, sexual assault, child maltreatment, stalking and elder abuse. Catherine is a licensed marriage and family therapist in North Carolina.



# Freedom Isn't Free: Trauma-Informed Care with Veterans



Hosted by the Institute for Trauma-Informed Care

## JOIN US

**DATE:** Tuesday, November 12

**TIME:** 1 - 2:30 p.m. CST

**REGISTER HERE:**



## ABOUT THE SESSION

Join us with Jennifer Heifner from the American GI Forum-National Veterans Outreach Program. In this session, attendees will learn how a trauma-informed care approach can be used when counseling the veteran population and how to tailor this approach specifically for women veterans. Heifner will also review the types of adverse childhood experiences found in the veteran population, discuss how substance use by veterans differs from the general population and how to utilize effective suicide prevention techniques.

**FREE Contact Hours - 1.5**  
**NCPD (nurses) & CE (social workers)**

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**Phone:** 210-644-8801

## ABOUT THE PRESENTER



### Jennifer Heifner

Jennifer Heifner is a licensed professional counselor currently serving as the clinical director of the Veteran and Family Wellness Program (VFWP) with the American GI Forum-National Veterans Outreach Program (AGIF-NVOP). VFWP is an outpatient counseling program dedicated to the treatment of mental health and substance use disorder for veterans and their family members. Jennifer holds a master's degree in counseling and guidance from Texas A&M University-San Antonio and her bachelor's degree in psychology from Pacific Lutheran University. Jennifer is specially trained in the use of cognitive processing therapy (CPT) and cognitive behavioral therapy (CBT) for treatment of PTSD and substance use disorders. She is trained in the Gottman Method to treat veteran couples and their families.



# Constructions of Masculinity and Their Influence on Help-Seeking Behaviors and Well-Being



Hosted by the Institute for Trauma-Informed Care

## JOIN US

**DATE:** Tuesday, November 19

**TIME:** 1 - 2 p.m. CST

**REGISTER HERE:**



## ABOUT THE SESSION

Join us with Dr. Jessica S. Lewis from *Becoming The Whole You*. In this session, attendees will learn how gender differences can alter a person's response to stress and how a masculine attitude differs from other gender attitudes toward help-seeking behaviors. Attendees will also discuss values-based engagement and its role in the psychotherapy treatment of men.

**FREE Contact Hours - 1.0**  
**NCPD (nurses) & CE (social workers)**

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**Phone:** 210-644-8801

## ABOUT THE PRESENTER



### Jessica S. Lewis, Ph.D.

Dr. Jessica S. Lewis is a licensed psychologist specializing in trauma-informed care focusing on clinical research, program development, values-based interventions and interdisciplinary teamwork. She earned her Ph.D. in counseling psychology with a subspecialization in health psychology from the University of Georgia, obtained her master of arts in psychology from Pepperdine University and received her bachelor of arts in communication studies from Furman University. Dr. Lewis is a dedicated servant leader, working from a holistic third-wave therapy theoretical orientation that includes cognitive behavior therapy, dialectical behavior therapy, and acceptance and commitment therapy. Dr. Lewis is the founder of *Becoming The Whole You*.

