











Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Introduction to TIC 1</b>	<b>Implementing TIC Principles 2</b>	<b>Adverse Childhood Experiences 3</b>	<b>Building Community Resilience 4</b>
	Presented by Institute for Trauma-Informed Care 2 - 3 p.m. CST <a href="#">Register</a>	Presented by Institute for Trauma-Informed Care 10 - 11 a.m. CST <a href="#">Register</a>	Presented by Institute for Trauma-Informed Care 5 - 6:30 p.m. CST <a href="#">Register</a> 	Presented by Institute for Trauma-Informed Care 10 - 11 a.m. CST <a href="#">Register</a>
<b>7</b>	<b>Learning Event 8</b>	<b>Discovering We Are Resilient 9</b>	<b>Adverse Childhood Experiences 10</b>	<b>11</b>
	Cyberbullying: Creating Safe Spaces in an Unsafe World Presented by Baylor University 10 - 11 a.m. CST <a href="#">Register</a>	Presented by Institute for Trauma-Informed Care 1 - 2 p.m. CST <a href="#">Register</a> 	Presented by Education Service Center Region 20 10 - 11:30 a.m. CST <a href="#">Register</a> 	
<b>Implementing TIC Principles 14</b>	<b>Learning Event 15</b>	<b>Adverse Childhood Experiences 16</b>	<b>Introduction to TIC 17</b>	<b>18</b>
Presented by Institute for Trauma-Informed Care 5 - 6 p.m. CST <a href="#">Register</a> 	Trust-Based Relational Intervention: Overview Presented by Communities In Schools San Antonio 10 - 11:30 a.m. CST <a href="#">Register</a>	Presented by University Health 10 - 11:30 a.m. CST <a href="#">Register</a> 	Presented by Institute for Trauma-Informed Care 2 - 3 p.m. CST <a href="#">Register</a>	
<b>Introduction to TIC 21</b>	<b>Adverse Childhood Experiences 22</b>	<b>Learning Event 23</b>	<b>Creating a Thriving Community 24</b>	<b>Implementing TIC Principles 25</b>
Presented by Institute for Trauma-Informed Care 2 - 3 p.m. CST <a href="#">Register</a>	Presented by UT Teen Health 10 - 11:30 a.m. CST <a href="#">Register</a> 	Introduction to Trauma-Informed Wellness Recovery Action Planning (WRAP) Presented by Texas Health and Human Services 1 - 2:30 p.m. CST <a href="#">Register</a>	Presented by Institute for Trauma-Informed Care 2 - 3 p.m. CST <a href="#">Register</a>	Presented by Institute for Trauma-Informed Care 10 - 11 a.m. CST <a href="#">Register</a>
<b>Adverse Childhood Experiences 28</b>	<b>Introduction to TIC 29</b>	<b>30</b>	<b>Implementing TIC Principles 31</b>	<b>SCAN FOR CALENDAR</b>
Presented by Institute for Trauma-Informed Care 2 - 3:30 p.m. CST <a href="#">Register</a> 	Presented by Institute for Trauma-Informed Care 5 - 6 p.m. CST <a href="#">Register</a> 		Presented by Institute for Trauma-Informed Care 10 - 11 a.m. CST <a href="#">Register</a>	

## Introduction to Trauma-Informed Care (1 Hour)

In this session, attendees will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care. This session will also highlight how the Institute for Trauma-Informed Care can assist organizations on their journey to trauma-informed certification. This presentation is derived from training received from international speaker Becky Haas.



## Building Community Resilience (1 Hour)

In this session, attendees will learn about R.O.L.E.S., a five-step process that empowers people to not only identify their personal triggers but to also create a mental paradigm shift that takes a punitive, judgmental view of behavior and transforms it into an approach rooted in positive intent and constructive outcomes. This presentation is derived from training received from Community Resilience Initiative Course 1.



## Implementing Trauma-Informed Care Principles (1 Hour)

In this session, attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation to help you on your trauma-informed journey. This presentation is derived from Basics of Adverse Childhood Experiences (ACEs), Building Resilience and Using a Trauma-Informed Approach training received from international speaker Becky Haas.



## Creating a Thriving Community (1 Hour)

In this session, attendees will learn about the K.I.S.S. framework for building community capacity through resilience. This model is a public health framework that shows how to build human capital collectively by creating stronger communities that can thrive and better manage the impact of risk. This presentation is derived from training received from Community Resilience Initiative Course 1.



## Adverse Childhood Experiences (1.5 Hours)

In this session, attendees will learn about the ACEs study, why ACEs have an immense effect on people's lives, and what we can all do to dramatically improve health and resilience for future generations. This presentation is derived from training received from ACE Interface and conducted by an approved master ACE trainer.



## Discovering We Are Resilient (1 Hour)

In this session, attendees will learn how a resilient mindset can help us become stronger emotionally by using centering skills and also help identify how resilience can be hindered. Attendees will also gain an understanding of where cultural and protective patterns come from and how they can help build resilience. This presentation is derived from the "We Are Resilient" training at Dovetail Learning.



## Missed a training? Visit our learning management system (LMS)

The Institute's LMS offers 100+ on-demand training sessions and learning events, providing 24/7 access.

Viewers can see missed sessions, revisit favorite trainings and obtain attendance certificates. Contact the Institute if you wish to receive access.



## Contact Us

Website: [InstituteTIC.com](https://InstituteTIC.com)  
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# Adverse Childhood Experiences ACEs Presented by Community Partners



Hosted by the Institute for Trauma-Informed Care

## ABOUT THE SESSION

In this session, attendees will learn about the ACEs study, why ACEs have an immense effect on people's lives, and what we can all do to dramatically improve health and resilience for future generations. This presentation is derived from training received from ACE Interface and conducted by an approved master ACE trainer.

### SCAN FOR WEBSITE



## CONTACT US

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## PRESENTERS

### Institute for Trauma-Informed Care

[REGISTER HERE](#)

October 3  
5 - 6:30 p.m. CST

October 28  
2 - 3:30 p.m. CST



**Cheri Kahn**  
Education Service Center  
Region 20

October 10  
10 - 11:30 a.m. CST



[REGISTER HERE](#)



**Rosemary Williams**  
University Health

October 16  
10 - 11:30 a.m. CST

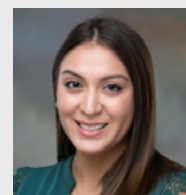
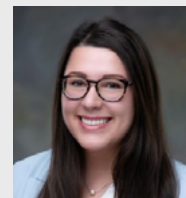


[REGISTER HERE](#)



**Jacklynn Ware**  
**Briana Patlan**  
UT Health - Teen Health

October 22  
10 - 11:30 a.m. CST



[REGISTER HERE](#)



# Cyberbullying: Creating Safe Spaces in an Unsafe World



Hosted by the Institute for Trauma-Informed Care

## JOIN US

**DATE:** Tuesday, October 8

**TIME:** 10 - 11 a.m. CST

**REGISTER HERE:**



## ABOUT THE SESSION

Join us with Dr. Jessica L. Peck from Baylor University Louise Herrington School of Nursing. In this session, attendees will gain a deeper understanding of the social and legal constructs of cyberbullying and learn about the impact it has as an adverse childhood experience. This session will also highlight how trauma-informed care provides a responsive and supportive framework and builds resilience that aids in the prevention of trauma.

**FREE Contact Hours - 1.0**  
**NCPD (nurses) & CE (social workers)**

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## ABOUT THE PRESENTER



### Dr. Jessica L. Peck

Dr. Peck is a clinical professor at Baylor University Louise Herrington School of Nursing. She holds credentials as a pediatric nurse practitioner, certified nurse educator and clinical nurse leader. Dr. Peck is an internationally recognized anti-trafficking advocate and is highly awarded for her work. She is a Distinguished Alumnus for both the University of Alabama and the University of Texas Medical Branch. Dr. Peck has been awarded Texas Nurse Practitioner of the Year, among many other honors, and is also an accomplished author of dozens of clinical articles for peer-reviewed journals.



# Trust-Based Relational Intervention: Overview



Hosted by the Institute for Trauma-Informed Care

## JOIN US

**DATE:** Tuesday, October 15

**TIME:** 10 - 11:30 a.m. CST

**REGISTER HERE:**



## ABOUT THE SESSION

Join us with Shelly Bosse from Communities In Schools of San Antonio. In this session, attendees will gain an understanding of the foundation of Trust-Based Relational Intervention and how to create their own practical framework for intervention and application. Attendees will also learn how to interpret behavior and respond appropriately during an intervention.

**FREE Contact Hours - 1.5**  
**NCPD (nurses) & CE (social workers)**

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**Phone:** 210-644-8801

## ABOUT THE PRESENTER



### Shelly Bosse

Shelly Bosse is the training and education manager at Communities In Schools of San Antonio (CISSA). She has worked for CISSA for more than 13 years and has two decades of experience in the field of social work. She is a licensed master social worker and received her degree from the University of Texas at San Antonio. Her social work experience varies from domestic violence to low-income housing and more. Shelly has training and facilitation experience in trauma-informed care, is an ACE Interface master trainer and a Trust-Based Relational Intervention practitioner through the Karyn Purvis Institute of Child Development. She is passionate about teaching and bringing awareness on mindfulness and mental health.



# Introduction to Trauma-Informed Wellness Recovery Action Planning (WRAP)



Hosted by the Institute for Trauma-Informed Care

## JOIN US

**DATE:** Wednesday, October 23

**TIME:** 1 - 2:30 p.m. CST

**REGISTER HERE:**



## ABOUT THE SESSION

Join us with Kiley Jon Clark from the San Antonio State Hospital. In this session, attendees will learn about Wellness Recovery Action Planning (WRAP), a four-step process that empowers people to create action plans using personalized wellness tools to keep them calm and regulated in stressful situations. Studies have shown that WRAP, an evidence-based, trauma-informed curriculum, dramatically increases the quality of life for those who have adverse childhood experiences.

**FREE Contact Hours - 1.5**  
**NCPD (nurses) & CE (social workers)**

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## ABOUT THE PRESENTER



**Kiley Jon Clark**

Kiley Jon Clark works at the San Antonio State Hospital as a mental health peer support specialist and as an advanced level wellness recovery action planning (WRAP) facilitator. He has more than 16 years experience with nonprofit organizations such as Haven for Hope, The Center for Health Care Services and the UT New Opportunities for Wellness (NOW) Clinic. His passion is to communicate the life-transforming information that helped him through his struggles with mental health and addiction.

