



University  
Health

Institute for  
Trauma-Informed Care

# Trauma- Informed Care Awareness Month

A Month Filled with  
Community, Education &  
Healing



Calendar of Events  
**May 2024**



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## Trauma-Informed Care Awareness Month 2024



**Trauma-Informed Care** began as a patient care approach that focused on the traumatizing toll that war took on veterans in the 1970s. The effects that many veterans faced allowed researchers and medical professionals to understand how trauma had a lasting impact on the mind and body. In the 1980s, the National Institute of Mental Health was able to coin the term post-traumatic stress disorder, or PTSD. Thereafter, President Ronald Reagan recognized the need for trauma awareness and established May as Trauma Awareness Month in 1988.

As time progressed, the understanding of trauma and the effects it has on the mind expanded beyond war and into civilian life. Researchers then asked new questions that compared individuals who experienced trauma, such as abuse and neglect, during key developmental years with those who faced trauma well into adulthood.

In the 1990s, Dr. Robert Anda and Dr. Vincent Felitti conducted the Adverse Childhood Experiences Study, which answered how adverse childhood experiences had an overall and long-lasting impact on an individual from childhood and into adulthood. Their work was essential to reducing adverse childhood experiences and building resilient communities.

Years later, organizations expanded the conversation on trauma and shed light on how abuse affected individuals from an early age and how re-traumatization occurred years after the initial trauma. By 2000, the Substance Abuse and Mental Health Services Administration (SAMHSA) and the U.S. Congress had established the National Child Traumatic Stress Initiative and the National Child Stress Network.

While the approach to trauma-informed care has evolved over the last 50 years, it has recently gained increased attention and brought awareness to an individual's past traumatic experiences, and how implementing positive approaches to address the trauma can help to build resilience.

# May at a Glance

A Month Filled with  
Community, Education & Healing



Monday	Tuesday	Wednesday	Thursday	Friday
<b>SCAN FOR CALENDAR</b>		<b>Kick-Off Lunch &amp; Learn 1</b>	<b>Building Community Resilience 2</b>	<b>Learning Event 3</b>
		<p>Dr. Gregory Williams Baylor College of Medicine 11:30 a.m. – 1 p.m. CST</p> <p><b>In-person Event</b> <b>Space is limited.</b> <b>Registration is required.</b></p> <p>University Health Business Center 2 Tejas Conference Room 5959 Northwest Parkway San Antonio, Texas 78249</p> <p><a href="#">RSVP Here</a></p>	<p>Presented by Institute for Trauma-Informed Care 10 – 11 a.m. CST</p> <p><a href="#">Register</a></p> <p><b>Learning Event</b></p> <p>Trauma-Informed Grief and Resilience Presented by The Ecumenical Center 1 – 2 p.m. CST</p> <p><a href="#">Register</a></p>	<p>Resilience Rising: Navigating Trauma and Empowering Women Presented by UT Health San Antonio 10:45 – 11:45 a.m. CST</p> <p><a href="#">Register</a></p>
<b>Learning Event 6</b>	<b>Learning Event 7</b>	<b>Learning Event 8</b>	<b>Learning Event 9</b>	<b>Learning Event 10</b>
<p>Caregiving and Compassion Fatigue Presented by McLennan Community College 1 – 2 p.m. CST</p> <p><a href="#">Register</a></p>	<p>Teen Mental Health: Escaping Stigma and Shame Presented by Baylor University 10 – 11 a.m. CST</p> <p><a href="#">Register</a></p>	<p>The Pair of Aces: Adverse Childhood Experiences and Adverse Community Events Presented by Colleen Bridger Consulting 10 – 11:30 a.m. CST</p> <p><a href="#">Register</a></p>	<p>The Effect of Trauma on the Brain and Body Presented by The Rape Crisis Center 10 – 11 a.m. CST</p> <p><a href="#">Register</a></p> <p><b>Introduction to TIC</b></p> <p>Presented by Institute for Trauma-Informed Care 2 – 3 p.m. CST</p> <p><a href="#">Register</a></p>	<p>Trauma-Informed Workplaces Presented by Campaign for Trauma-Informed Policy and Practice (CTIPP) 1 – 2 p.m. CST</p> <p><a href="#">Register</a></p>
<b>Learning Event 13</b>	<b>Creating a Thriving Community 14</b>	<b>Learning Event 15</b>	<b>Learning Event 16</b>	<b>Learning Event 17</b>
<p>Behavioral Emergency Response Team (BERT) and Trauma-Informed Care Presented by University Health 10 – 11 a.m. CST</p> <p><a href="#">Register</a></p>	<p>Presented by Institute for Trauma-Informed Care 10 – 11 a.m. CST</p> <p><a href="#">Register</a></p> <p><b>Learning Event</b></p> <p>How to Identify and Manage Secondary Trauma Presented by University Health 1 – 2 p.m. CST</p> <p><a href="#">Register</a></p>	<p>HIV-Related Health Equity and Social Determinants of Health Presented by Valley AIDS Council 10 – 11:30 a.m. CST</p> <p><a href="#">Register</a></p>	<p>How Resilient Managers Can Create Resilient Teams Presented by Dovetail Learning 1 – 2:30 p.m. CST</p> <p><a href="#">Register</a></p>	<p>Cultivating Compassion: Transformative Trauma- Informed Mentorship Presented by San Antonio Metro Health 10 – 11 a.m. CST</p> <p><a href="#">Register</a></p>
<b>Learning Event 20</b>	<b>Learning Event 21</b>	<b>Learning Event 22</b>	<b>Learning Event 23</b>	<b>Learning Event 24</b>
<p>Building the Road to Resilience Presented by At the Heart of Teaching, Learning, &amp; Leadership 1 – 2 p.m. CST</p> <p><a href="#">Register</a></p>	<p>Trauma and the Transgender Community: Creating Welcoming Spaces Presented by Transgender Education Network of Texas 10 – 11:30 a.m. CST</p> <p><a href="#">Register</a></p>	<p>Neurodiversity: It's Everywhere Presented by YWCA San Antonio 10 – 11 a.m. CST</p> <p><a href="#">Register</a></p> <p><b>Implementing TIC Principles</b></p> <p>Presented by Institute for Trauma-Informed Care 2 – 3 p.m. CST</p> <p><a href="#">Register</a></p>	<p>Fundamentals of Harm Reduction Presented by Corazon Ministries 1 – 2 p.m. CST</p> <p><a href="#">Register</a></p>	<p>De-Escalation and Motivational Interviewing Presented by SA Hope Center 10 – 11 a.m. CST</p> <p><a href="#">Register</a></p>
<b>Memorial Day 27</b>	<b>Learning Event 28</b>	<b>Learning Event 29</b>	<b>Learning Event 30</b>	<b>Learning Event 31</b>
	<p>Child Traumatic Stress/PTSD Presented by ChildSafe 1 – 2 p.m. CST</p> <p><a href="#">Register</a></p>	<p>Navigating Social Media and Empowering Youth Presented by The Center for Health Care Services 10 – 11 a.m. CST</p> <p><a href="#">Register</a></p>	<p>Addressing Trauma in Young Children Presented by Family Service 10 – 11 a.m. CST</p> <p><a href="#">Register</a></p> <p><b>Adverse Childhood Experiences</b></p> <p>Presented by ESC Region - 19 1 – 2:30 p.m. CST</p> <p><a href="#">Register</a></p>	<p>Transforming Into a Place for Trauma Healing Presented by Hennepin Healthcare East Lake Clinic 1 – 2:30 p.m. CST</p> <p><a href="#">Register</a></p>



## Kick-Off Lunch & Learn

In-person Event

Space is limited.

Registration is required.

### Discovering Resiliency During Your Darkest Hour

**Dr. Gregory Williams**

**Baylor College of Medicine**

Join us with Dr. Gregory Williams, senior administrator of the OB/GYN department at Baylor College of Medicine. In this session, attendees will hear Dr. Williams' own personal story of trauma and his journey to resilience. Participants will gain a deeper understanding of how trauma can impact relationships, mental and physical health, and learn practical strategies to improve their personal and professional well-being.



**May 1**

**11:30 a.m. - 1 p.m.**

[RSVP Here](#)



### About Our Presenter

Dr. Gregory Williams is on the senior leadership team at Baylor College of Medicine's OB/GYN department at Texas Children's Hospital in Houston, Texas. A PhD in counseling and a board-certified mental health coach, he is a renowned speaker and educator who has addressed audiences nationwide sharing his profound insights on adverse childhood experiences, child abuse, negative effects and best practices for detection and recognition. Dr. Williams' journey to healing stems from more than 30 years of personal childhood trauma, which uniquely informs his perspective. He is the author of "Shattered by the Darkness: Putting the Pieces Back Together After Child Abuse" and "When the Dark Clouds Come: The Road Map to HOPE."

**\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**

## Trauma-Informed Grief and Resilience

**Mary Beth Fisk and Lejla Cenanovic**

**The Ecumenical Center**

Join us with Mary Beth Fisk, chief executive officer, and Lejla Cenanovic, special and education program coordinator, at The Ecumenical Center. In this session, attendees will learn the definition of resilience and explore the stages of grief. Participants will also outline strategies for a healthy bereavement journey and highlight the importance of a trauma-informed care approach.

**\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**



**May 2**

**1 - 2 p.m.**

[Register Here](#)



## Resilience Rising: Navigating Trauma and Empowering Women

**Dr. Kristen Plastino**

**UT Health San Antonio**

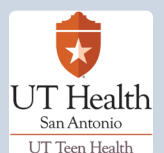
Join us with Dr. Kristen Plastino, professor at UT Health San Antonio, UT Teen Health. In this session, attendees will gain a deeper understanding of the effects of trauma on women's bodies. Participants will also learn about practical steps for prevention and empowering women's health for future generations. **\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**



**May 3**

**10:45 - 11:45 a.m.**

[Register Here](#)



**Caregiving and Compassion Fatigue**  
**Dr. Natalee Oliver**  
**McLennan Community College**

Join us with Dr. Natalee Oliver, program director of the Long-Term Care Administration Program at McLennan Community College. In this session, attendees will recognize signs and symptoms of compassion fatigue in caregivers and identify coping strategies to combat compassion fatigue. Participants will also learn about community resources to assist with preventing or healing from compassion fatigue.

**\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**



**May 6**  
**1 - 2 p.m.**

[Register Here](#)


**Teen Mental Health: Escaping Stigma and Shame**  
**Dr. Jessica Peck**  
**Baylor University**

Join us with Dr. Jessica Peck, a clinical professor at Baylor University. In this session, attendees will learn about the role adverse childhood experiences play in contributing to adverse physical and mental health outcomes. Participants will understand the role of trauma-informed care in providing a responsive and supportive framework to promote resilience and prevention.

**\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**



**May 7**  
**10 - 11 a.m.**

[Register Here](#)


**The Pair of Aces: Adverse Childhood Experiences and Adverse Community Events**  
**Dr. Colleen Bridger**  
**Colleen Bridger Consulting**

Join us with Dr. Colleen Bridger, chief executive officer at Colleen Bridger Consulting. In this session, attendees will learn about the synergistic effects of adverse childhood experiences and adverse community events. Participants will learn about the "Pair of Aces" and review system-level responses to mitigate those effects. **\*FREE 1.5 Contact Hours NCPD (nurses) & CE (social workers)**



**May 8**  
**10 - 11:30 a.m.**

[Register Here](#)


**The Effect of Trauma on the Brain and Body**  
**Rachael Finch**  
**The Rape Crisis Center**

Join us with Rachael Finch, lead education and outreach coordinator at The Rape Crisis Center. In this session, attendees will learn about the immediate and chronic physical and mental health effects that stem from sexual violence. Participants will also learn about how trauma can lead to substance abuse, self-harm, depression, flashbacks, eating and sleeping disorders and various other adverse responses. **\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**



**May 9**  
**10 - 11 a.m.**

[Register Here](#)


**Trauma-Informed Workplaces**  
**Whitney Marris**  
**Campaign for Trauma-Informed Policy and Practice (CTIPP)**

Join us with Whitney Marris, director of trauma-informed practice and system transformation at CTIPP. In this session, attendees will learn about the impacts of individual and collective trauma exposure and explore how communities, systems and institutions may inadvertently contribute to trauma and re-traumatization. Participants will learn strategies for workplaces to promote positive impacts for compassion, resilience, moral and vicarious post-traumatic growth. **\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**



**May 10**  
**1 - 2 p.m.**

[Register Here](#)



**Behavioral Emergency Response Team (BERT)  
and Trauma-Informed Care**  
 Leticia Flores Canchola  
 University Health

Join us with Leticia Flores Canchola, clinical nurse educator III at University Health. In this session, attendees will learn how to promote safety in the workplace by minimizing trauma and unproductive interactions with patients exhibiting aggressive behavior. Attendees will learn about BERT and interventions for de-escalation to decrease trauma through trauma-informed care.

**\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**



**May 13  
10 - 11 a.m.**

[Register Here](#)


**How to Identify and Manage Secondary Trauma**  
 Luis Santos  
 University Health

Join us with Luis Santos, licensed clinical social worker at University Health. In this session, attendees will define secondary trauma in the context of trauma-informed care and identify the re-traumatizing effects of working in environments where the fragility of life is evident. Participants will also gain skills for identifying and managing secondary trauma.

**\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**



**May 14  
1 - 2 p.m.**

[Register Here](#)


**HIV-Related Health Equity and Social Determinants of Health**  
 Armando Molina  
 Valley AIDS Council

Join us with Armando Molina, capacity and development trainer at Valley AIDS Council. In this session, attendees will define the social determinants of health and review their connection with HIV-related health disparities. Attendees will understand the impact that various social determinants can have on accessing HIV care and prevention. **\*FREE 1.5 Contact Hours NCPD (nurses) & CE (social workers)**



**May 15  
10 - 11:30 a.m.**

[Register Here](#)


**How Resilient Managers Can Create Resilient Teams**  
 Meri McCoy-Thompson  
 Dovetail Learning

Join us with Meri McCoy-Thompson, executive director at Dovetail Learning. In this session, attendees learn how trauma affects you and your team and how you can manage a team with a trauma-informed lens. Attendees will also learn to identify the primary protective patterns that limit personal resilience and assess whether they are helping or hurting a situation.

**\*FREE 1.5 Contact Hours NCPD (nurses) & CE (social workers)**



**May 16  
1 - 2:30 p.m.**

[Register Here](#)


**Cultivating Compassion:  
Transformative Trauma-Informed Mentorship**  
 JJ Chavez  
 San Antonio Metro Health

Join us with JJ Chavez, trauma-informed mentor liaison at San Antonio Metro Health. In this session, attendees will learn how San Antonio Metro Health has built a network of trauma-informed mentors that model, practice and cultivate compassion beyond trauma-informed certification efforts. Participants will also learn how building internal networks of support enhances trauma-informed awareness. **\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**



**May 17  
10 - 11 a.m.**

[Register Here](#)





**Building the Road to Resilience**
**Dr. Melissa Williamson**
**At the Heart of Teaching, Learning, & Leadership**

Join us with Dr. Melissa Williamson, chief executive officer with At the Heart of Teaching, Learning, & Leadership. In this session, attendees will learn 10 practical steps to help them build resilience skills that can be implemented in any classroom. Participants will also learn essential strategies for educators to promote optimal and resilient classroom environments.

**\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**


**May 20  
1 - 2 p.m.**
[Register Here](#)

**Trauma and the Transgender Community:  
Creating Welcoming Spaces**
**Ginger Chun**
**Transgender Education Network of Texas**

Join us with Ginger Chun, education and family engagement manager at Transgender Education Network of Texas. In this session, attendees will increase their knowledge of transgender and gender expansive (TGE) people through an exploration of terminology and communication do's and don'ts. Participants will also learn key factors that create a welcoming and inclusive environment for the TGE community.

**\*FREE 1.5 Contact Hours NCPD (nurses) & CE (social workers)**


**May 21  
10 - 11:30 a.m.**
[Register Here](#)

**Neurodiversity: It's Everywhere**
**Misty Hardy**
**YWCA San Antonio**

Join us with Misty Hardy, racial justice and gender equity institute director at YWCA San Antonio. In this session, attendees will learn how to strengthen an organization's understanding of neurodiversity, debunk myths and misconceptions and promote a neuro-inclusive working environment. Participants will also learn to identify and implement trauma-informed care skills to create belonging and appropriately utilize empathy as a tool to create a "safer" environment. **\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**


**May 22  
10 - 11 a.m.**
[Register Here](#)

**Fundamentals of Harm Reduction**
**Madelein Santibanez**
**Corazon Ministries**

Join us with Madelein Santibanez, director of harm reduction and wellness at Corazon Ministries. In this session, attendees will learn the principles of harm reduction and practical strategies for promoting engagement with people with substance use, mental health and dual diagnoses. Participants will also learn effective, evidence-based harm reduction strategies for risk reduction, prevention and intervention. **\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**


**May 23  
1 - 2 p.m.**
[Register Here](#)

**De-Escalation and Motivational Interviewing**
**Patricia Sicari and Janiece Cantu**
**SA Hope Center**

Join us with Patricia Sicari, case manager III, and Janiece Cantu, director of programs, at SA Hope Center. In this session, attendees will learn de-escalation techniques through a trauma-informed care lens. Participants will also learn key points of motivational interviewing and how to implement motivational interviewing in trauma-informed care.

**\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**


**May 24  
10 - 11 a.m.**
[Register Here](#)



**May 27**
**Child Traumatic Stress/PTSD**  
**Justine Green**  
**ChildSafe**

Join us with Justine Green, trauma prevention specialist at ChildSafe. In this session, attendees will define various traumas and learn about child traumatic stress and its impact on development throughout a child's lifespan. Participants will also learn how to recognize behavioral responses to trauma and specific interventions and treatments for these behaviors.

**\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**


**May 28**  
**1 - 2 p.m.**
[Register Here](#)

**Navigating Social Media and Empowering Youth**  
**Brandalyn Haggerty**  
**The Center for Health Care Services**

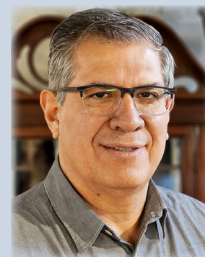
Join us with Brandalyn Haggerty, behavioral health partnership program liaison at The Center for Health Care Services. In this session, attendees will learn about the negative elements present in social media that young individuals encounter daily. Participants will learn ways to equip youth with the necessary skills to navigate the online world cautiously and with a trauma-informed approach. **\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**


**May 29**  
**10 - 11 a.m.**
[Register Here](#)

**Addressing Trauma in Young Children**  
**Fred Cardenas**  
**Family Service**

Join us with Fred Cardenas, program director at Family Service. In this session, attendees will learn about the effects of traumatic experiences on young children versus older children, and the role of co-regulation on the experience of traumatic events and the healing process. Participants will learn how traumatic effects can be misidentified or prematurely diagnosed as mental health disorders and key principles in addressing trauma with young children.

**\*FREE 1.0 Contact Hour NCPD (nurses) & CE (social workers)**


**May 30**  
**10 - 11 a.m.**
[Register Here](#)

**Transforming Into a Place for Trauma Healing**  
**Dr. Didi Koka and Dr. Maria Kaefer**  
**Hennepin Healthcare East Lake Clinic**

Join us with Dr. Didi Koka and Dr. Maria Kaefer, physicians and medical directors at Hennepin Healthcare East Lake Clinic. In this session, attendees will learn about the journey of implementing trauma healing programs at East Lake Clinic. Participants will hear examples of the initiatives and goals for effective implementation of trauma-informed practice and receive examples of successes in the journey to becoming trauma-informed.

**\*FREE 1.5 Contact Hours NCPD (nurses) & CE (social workers)**


**May 31**  
**1 - 2:30 p.m.**
[Register Here](#)


**Week 1:  
Building Community Resilience**

In this session, attendees will learn about R.O.L.E.S., a five-step process that empowers people to not only identify their personal triggers, but to create a mental paradigm shift that takes a punitive, judgmental view of behavior and transforms it into an approach rooted in positive intent and constructive outcomes. This presentation is derived from training received from Community Resilience Initiative Course 1.


**May 2  
10 - 11 a.m.**
[Register Here](#)

**Week 2:  
Introduction to Trauma-Informed Care**

In this session, attendees will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care. This session will also highlight how the Institute for Trauma-Informed Care can assist organizations on their journey to trauma-informed certification. This presentation is derived from training received by international speaker Becky Haas.


**May 9  
2 - 3 p.m.**
[Register Here](#)

**Week 3:  
Creating a Thriving Community**

In this session, attendees will learn about the K.I.S.S. Framework for building community capacity through resilience. This model is a public health framework that shows how to build human capital collectively by creating stronger communities that can thrive and better manage the impact of risk. This presentation is derived from training received from Community Resilience Initiative Course 1.


**May 14  
10 - 11 a.m.**
[Register Here](#)

**Week 4:  
Implementing Trauma-Informed Care Principles**

In this session, attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as building blocks to help you on your trauma-informed journey. This presentation is derived from Basics of Adverse Childhood Experiences (ACEs), Building Resilience and Using a Trauma-Informed Approach training received by international speaker Becky Haas.


**May 22  
2 - 3 p.m.**
[Register Here](#)

**Week 5:  
Adverse Childhood Experiences  
Albert Villa - Education Service Center Region - 19**

Join us with Albert Villa, project manager for behavior and mental health at Education Service Center - Region 19. In this session, attendees will learn about the ACEs study, why ACEs have an immense effect on people's lives, and what we can all do to dramatically improve health and resilience for future generations. This session is derived from training received from ACE Interface and conducted by an approved master ACE trainer.


**May 30  
1 - 2:30 p.m.**
[Register Here](#)


## Thank You to our Community Partners

### Trauma-Informed Care Awareness Month



On behalf of the Institute for Trauma-Informed Care, we want to extend our sincerest gratitude to our partners for their invaluable contributions to Trauma-Informed Care Awareness Month! Their dedication and commitment to advancing the Institute's mission are what makes Trauma-Informed Care Awareness Month possible. Their insightful presentations and thoughtful engagement continue to play a significant role in raising awareness about trauma and its impact on individuals' lives.

As we reflect on the progress made in understanding and addressing trauma over the years, we are grateful for our partners who continue to champion this cause. Their support is instrumental in promoting compassionate and effective care for all those affected by trauma.

Join us in thanking them for their unwavering commitment to our shared goal of building resilient communities and fostering healing for individuals impacted by trauma.



## Visit our Community Partners



[www.bcm.edu](http://www.bcm.edu)



[www.echr.org](http://www.echr.org)



[www.uthscsa.edu](http://www.uthscsa.edu)



[www.mclennan.edu](http://www.mclennan.edu)



[www.baylor.edu](http://www.baylor.edu)



<http://chcsbc.org>

## Visit Our Community Partners



[www.rapecrisis.com](http://www.rapecrisis.com)



[www.ctipp.org](http://www.ctipp.org)



[www.valleyaids.org](http://www.valleyaids.org)



[www.dovetaillearning.org](http://www.dovetaillearning.org)



[www.sa.gov/Directory/Departments/SAMHD](http://www.sa.gov/Directory/Departments/SAMHD)



[www.colleenbridgerconsulting.com](http://www.colleenbridgerconsulting.com)



[www.transtexas.org](http://www.transtexas.org)



[www.hennepinhealthcare.org](http://www.hennepinhealthcare.org)



[www.attheheart.org](http://www.attheheart.org)



[www.sahopecenter.org](http://www.sahopecenter.org)



[www.childsafe-sa.org](http://www.childsafe-sa.org)



[www.ywcasa.org](http://www.ywcasa.org)



[www.family-service.org](http://www.family-service.org)



[www.corazonsa.org](http://www.corazonsa.org)



[www.esc19.net](http://www.esc19.net)





## A Special Thank You From our Team

We'd like to extend our heartfelt appreciation to all our attendees for their support and dedication throughout Trauma-Informed Care Awareness Month! Your presence and engagement have been instrumental in raising awareness about trauma-informed care and fostering a more compassionate community.

Please take the next step and share your gained knowledge and educate others. Be an advocate and refer others back to the Institute's monthly calendars. Most importantly, use the tools and approaches provided to you this month to further enrich your lives and our community.

### Institute for Trauma-Informed Care

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