

APRIL 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	Introduction to TIC 1	Adverse Childhood Experiences 2	Learning Event 3	Implementing TIC Principles 4
	Presented by the Institute 2 – 3 p.m. CST Register	Presented by UT Teen Health 10 – 11:30 a.m. CST Register	Survivor Sensitivity: Trauma-Informed Responses to Sexual Violence Presented by Rape Crisis Center 10 – 11 a.m. CST Register	Presented by the Institute 10 – 11 a.m. CST Register
Discovering We Are Resilient 7	Adverse Childhood Experiences 8	9	Implementing TIC Principles 10	Introduction to TIC 11
Presented by the Institute 2 – 3 p.m. CST Register	Presented by the Institute 5 – 6:30 p.m. CST Register 		Presented by the Institute 10 – 11 a.m. CST Register	Presented by the Institute 10 – 11 a.m. CST Register
Implementing TIC Principles 14	Adverse Childhood Experiences 15	Learning Event 16	Introduction to TIC 17	18
Presented by the Institute 10 – 11 a.m. CST Register	Presented by Communities In Schools San Antonio 10 – 11:30 a.m. CST Register	Sexual Assault Investigations Using the Trauma-Informed Care Approach Presented by SAPD Special Victim's Unit 10 – 11 a.m. CST Register	Presented by the Institute 2 – 3 p.m. CST Register	
21	Implementing TIC Principles 22	Learning Event 23	Building Community Resilience 24	Adverse Childhood Experiences 25
	Presented by the Institute 5 – 6 p.m. CST Register 	Trauma & Tresses: The Connection Between ACEs and Alopecia Presented by the Alopecia Advocate 1 – 2 p.m. CST Register	Presented by the Institute 10 – 11 a.m. CST Register	Presented by the Institute 10 – 11:30 a.m. CST Register
Introduction to TIC 28	Creating a Thriving Community 29	30		SCAN FOR CALENDAR
Presented by the Institute 5 – 6 p.m. CST Register 	Presented by the Institute 10 – 11 a.m. CST Register			

Introduction to Trauma-Informed Care (1 Hour)

In this session, attendees will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care. This session will also highlight how the Institute for Trauma-Informed Care can assist organizations on their journey to trauma-informed certification. This presentation is derived from training received from international speaker Becky Haas.



Building Community Resilience (1 Hour)

In this session, attendees will learn about R.O.L.E.S., a five-step process that empowers individuals to identify their negative personal triggers to create a mental paradigm shift rooted in positivity and successful outcomes. This presentation is derived from training received from Community Resilience Initiative Course 1.



Implementing Trauma-Informed Care Principles (1 Hour)

In this session, attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation to help you on your trauma-informed journey. This presentation is derived from Basics of Adverse Childhood Experiences (ACEs), Building Resilience and Using a Trauma-Informed Approach training received from international speaker Becky Haas.



Creating a Thriving Community (1 Hour)

In this session, attendees will learn about the K.I.S.S. framework for building community capacity through resilience. This model serves as a public health framework for community development. It emphasizes building human capital collectively fostering stronger communities that can thrive and effectively manage the impact of risk. This presentation is derived from training received from Community Resilience Initiative Course 1.



Adverse Childhood Experiences (1.5 Hours)

In this session, attendees will learn about the ACEs study, why ACEs have an immense effect on people's lives and what we can all do to dramatically improve health and resilience for future generations. This presentation is derived from training received from ACE Interface and conducted by an approved master ACE trainer.



Discovering We Are Resilient (1 Hour)

In this session, attendees will learn how a resilient mindset can help us become stronger emotionally by using centering skills and also help identify how resilience can be hindered. Attendees will also gain an understanding of where cultural and protective patterns come from and how they can help build resilience. This presentation is derived from the "We Are Resilient" training at Dovetail Learning.



Missed a training? Visit our learning management system (LMS).

The Institute's LMS offers 110+ on-demand training sessions and learning events, providing 24/7 access. Viewers can see missed sessions, revisit favorite trainings and obtain attendance certificates. Contact the Institute if you wish to receive access.



Contact Us

Website: InstituteTIC.com
Email: iticsa@uhtx.com
Phone: 210-644-8801

Survivor Sensitivity: Trauma-Informed Responses to Sexual Violence

Hosted by the Institute for Trauma-Informed Care

JOIN US!

DATE: Thursday, April 3

TIME: 10 – 11 a.m. CST

REGISTER HERE:



FREE Contact Hour – 1.0
(For nurses and social workers only)



Rachael Finch

ABOUT THIS SESSION

Join us with Rachael Finch from the Rape Crisis Center. In this session, attendees will gain an understanding of the importance of trauma-informed care for survivors of sexual violence. Rachael will help attendees recognize how rape culture, myths and other attitudes contribute to sexual violence. Attendees will also learn active listening skills to provide better care to victims of sexual violence.

ABOUT THE PRESENTER

Rachael Finch has a Bachelor of Arts in Communications degree from the University of North Texas and currently serves as the lead education and outreach manager at the San Antonio Rape Crisis Center (RCC). Prior to working at RCC, Rachael volunteered her time at children's hospitals, senior care nursing facilities and local domestic violence shelters. Her overall goal is to develop trauma-informed education opportunities for her community.



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Sexual Assault Investigations Using the Trauma-Informed Care Approach

Hosted by the Institute for Trauma-Informed Care

JOIN US!

DATE: Wednesday, April 16

TIME: 10 – 11 a.m. CST

REGISTER HERE:



FREE Contact Hour – 1.0
(For nurses and social workers only)



Sergeant Sebastian Jerrytone
Detective Jennifer Cardenas
San Antonio Police Department

ABOUT THIS SESSION

Join us with Sergeant Sebastian Jerrytone and Detective Jennifer Cardenas from the City of San Antonio Police Department. In this session, attendees will learn the make-up of the Special Victim's Unit and will hear about the investigation process. Participants will learn how the trauma-informed care approach is utilized when conducting sexual assault investigations.

ABOUT THE PRESENTER

Sergeant Jerrytone has served on the City of San Antonio Police Department for 24 years. In his years with the police department, he has served on patrol, bike patrol, CSI and now in the Special Victims Unit. The Special Victims Unit role is to investigate cases of family violence, sexual assaults, kidnapping and human trafficking.

Detective Cardenas has served on the City of San Antonio Police Department for 17 years as a patrol and vice officer. She currently serves as a detective for the Special Victims Unit and specializes in sexual assault and human trafficking cases.



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Trauma & Tresses: The Connection between ACEs and Alopecia

Hosted by the Institute for Trauma-Informed Care

JOIN US!

DATE: Wednesday, April 23

TIME: 1 – 2 p.m. CST

REGISTER HERE:



FREE Contact Hour – 1.0
(For nurses and social workers only)



Stephanie L. Anderson

ABOUT THIS SESSION

Join us with Dr. Stephanie L. Anderson, The Alopecia Advocate. In this session, attendees will learn to identify and explain three evidence-based links between Adverse Childhood Experiences (ACEs), autoimmune disorders and alopecia. Attendees will also learn how to enhance their ability to implement trauma-informed care strategies within this community.

ABOUT THE PRESENTER

Dr. Stephanie L. Anderson is a globally recognized speaker and advocate with over 30 years of experience in the beauty and hair loss industry. She specializes in hair replacement for individuals affected by alopecia and cancer-related hair loss. Dr. Anderson is the owner of Trinity Lace Wigs and the creator of the Hair Loss Pros Direct App. A doctorate in professional cosmetology from the National Beauty Culturists' League, Inc. and certified master life coach, she has been featured in over 400 national and international media outlets. Dr. Anderson is also a best-selling author of "Alopecia, It's a Thing!" and "The Gifts of Pain." In 2024, she addressed a global audience of over 700,000 in India raising awareness of the stigma surrounding alopecia. Her passion for advocacy has led her to speak at the United Nations and the Institute on Violence, Abuse, and Trauma summit and continues to lead global conversations about mental health, beauty, and acceptance.



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