








Monday	Tuesday	Wednesday	Thursday	Friday
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Building Community Resilience 5	Introduction to TIC 6	Adverse Childhood Experiences 7	Learning Event 8	9
Presented by Institute for Trauma-Informed Care 2 – 3 p.m. CST Register	Presented by Institute for Trauma-Informed Care 10 – 11 a.m. CST Register	Presented by ESC Region 20 10 – 11:30 a.m. CST Register 	Understanding, Supporting and De- Stigmatizing Trauma when Treating Substance Use Disorders Presented by SACADA 10 – 11 a.m. CST Register	
Implementing TIC Principles 12	Learning Event 13	Implementing TIC Principles 14	15	Introduction to TIC 16
Presented by Institute for Trauma-Informed Care 11 a.m. – Noon CST Register	Trauma-Informed Care: The Restorative Approach Presented by Bexar County Office of Criminal Justice - STEP UP Texas Program 10 – 11:30 a.m. CST Register	Presented by Institute for Trauma-Informed Care 11 a.m. – Noon CST Register		Presented by Institute for Trauma-Informed Care 10 – 11 a.m. CST Register
Implementing TIC Principles 19	Adverse Childhood Experiences 20	Introduction to TIC 21	Learning Event 22	23
Presented by Institute for Trauma-Informed Care 2 – 3 p.m. CST Register	Presented by UT Teen Health 10 – 11:30 a.m. CST Register 	Presented by Institute for Trauma-Informed Care 5 – 6 p.m. CST Register 	Raising Responsible Teenagers Presented by Triple P Program 2 – 3:30 p.m. CST Register	
26	Adverse Childhood Experiences 27	Introduction to TIC 28	Implementing TIC Principles 29	SCAN FOR CALENDAR 30
	Presented by Institute for Trauma-Informed Care 5 – 6:30 p.m. CST Register  	Presented by Institute for Trauma-Informed Care 2 – 3 p.m. CST Register	Presented by Institute for Trauma-Informed Care 10 – 11 a.m. CST Register	

Introduction to Trauma-Informed Care (1 Hour)

In this session, attendees will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care. This session will also highlight how the Institute for Trauma-Informed Care can assist organizations on their journey to trauma-informed certification. This presentation is derived from trainings received by international speaker Becky Haas.



Building Community Resilience (1 Hour)

In this session, attendees will learn about R.O.L.E.S., a five-step process that empowers people to not only identify their personal triggers, but to create a mental paradigm shift that takes a punitive, judgmental view of behavior and transforms it into an approach rooted in positive intent and constructive outcomes. This presentation is derived from training received from Community Resilience Initiative Course 1.



Implementing Trauma-Informed Care Principles (1 Hour)

In this session, attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation to help you on your trauma-informed journey. This presentation is derived from Basics of Adverse Childhood Experiences (ACEs), Building Resilience and Using a Trauma-Informed Approach training received by international speaker Becky Haas.



Creating a Thriving Community (1 Hour)

In this session, attendees will learn about the K.I.S.S. framework for building community capacity through resilience. This model is a public health framework that shows how to build human capital collectively by creating stronger communities that can thrive and better manage the impact of risk. This presentation is derived from training received from Community Resilience Initiative Course 1.



Adverse Childhood Experiences (1.5 Hours)

In this session, attendees will learn about the ACEs study, why ACEs have an immense effect on people's lives, and what we can all do to dramatically improve health and resilience for future generations. This presentation is derived from training received from ACE Interface and conducted by an approved master ACE trainer.



Missed a training?

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The Institute's LMS offers 100+ on-demand training sessions and learning events, providing 24/7 access. Viewers can see missed sessions, revisit favorite trainings and obtain attendance certificates. Contact the Institute if you wish to receive access.



Contact Us

Website: InstituteTIC.com
Email: iticsa@uhtx.com
Phone: 210-644-8801

Understanding, Supporting and De-Stigmatizing Trauma when Treating Substance Use Disorders



Hosted by the Institute for Trauma-Informed Care

JOIN US

DATE: August 8, 2024

TIME: 10 - 11 a.m. CST

[REGISTER HERE:](#)



ABOUT THE SESSION

Join us with Craig Lambaria, project director from the San Antonio Council on Alcohol and Drug Awareness. In this session, attendees will learn how using a trauma-informed care approach can be extremely effective when counseling individuals with substance use disorders. Participants will also learn how re-traumatization in treatment can occur and understand the stigma associated with Medications for Opioid Use Disorder (MOUD).

FREE Contact Hours - 1.0
NCPD (nurses) & CE (social workers)

CONTACT US!

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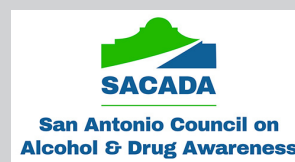
Phone: 210-644-8801

ABOUT THE PRESENTER



Craig Lambaria

Craig Lambaria is a licensed master social worker specializing in substance use counseling. With 16 years of experience as a licensed chemical dependency counselor, Craig has profound expertise in substance use treatment. His career includes serving eight years in leadership roles where he excelled in creating and managing effective treatment programs tailored to diverse client needs. Craig's innovative approach and compassionate trauma-informed care skills consistently lead to improved recovery outcomes for his clients. Craig is committed to providing holistic support, combining his extensive clinical knowledge with empathetic client engagement to ensure a comprehensive and supportive treatment environment. His unwavering dedication and specialized skills makes him an expert in the field of substance use.



Trauma-Informed Care: The Restorative Approach



Hosted by the Institute for Trauma-Informed Care

JOIN US

DATE: August 13, 2024

TIME: 10 - 11:30 a.m. CST

REGISTER HERE:



ABOUT THE SESSION

Join us with Donna Costa and Holly Pompa, restorative practices and trauma-informed care trainers, at the Bexar County Office of Criminal Justice - STEP UP Texas Program. In this session, attendees will gain an understanding of the fundamentals of restorative practices. Participants will also learn how restorative practices and trauma-informed care differ, yet compliment one another and how these restorative practices can be used when working with youth.

FREE Contact Hours - 1.5

NCPD (nurses) & CE (social workers)

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Phone: 210-644-8801

ABOUT THE PRESENTERS



Donna Costa

Donna Costa is a restorative practice and trauma-informed care trainer with the Bexar County Office of Criminal Justice. Donna is a graduate of Stephen F. Austin State University where she received her bachelor's degree in social work and received her graduate degree from Smith College School of Social Work. Donna is a licensed masters level social worker with more than 20 years practice experience. Donna has served as an advocate for child protective services, homeless services at Haven for Hope of Bexar County, a trauma-informed educator and therapist for individuals living with terminal health conditions.



Holly Pompa

Holly Pompa is a restorative practice and trauma-informed care trainer with the Bexar County Office of Criminal Justice. Holly is a graduate of Arizona State University where she earned her bachelor's degree in sustainability from the Wrigley School of Global Futures and honors credentialing from Barrett Honors College. As an educator, Holly advocates for bilingual education and early childhood literacy, focusing on trauma-informed approaches. Since joining the county, she has trained students and educators in conflict resolution strategies and restorative conversations.



Raising Responsible Teenagers



Hosted by the Institute for Trauma-Informed Care

JOIN US

DATE: August 22, 2024

TIME: 2 - 3:30 p.m. CST

[REGISTER HERE:](#)



ABOUT THE SESSION

Join us with Brea Delafuente, senior management analyst from the Triple P — Positive Parenting Program at Metro Health. In this session, attendees will learn about six-key elements parents can use to help raise responsible teenagers and hear of ways to teach and encourage these essential skills. These essential skills include taking part in family decision-making, being respectful and considerate, getting involved in family activities, developing a healthy lifestyle and being assertive and reliable.

FREE Contact Hours - 1.5
NCPD (nurses) & CE (social workers)

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ABOUT THE PRESENTER



Brea Delafuente

Brea Delafuente is the senior management analyst for Triple P – Positive Parenting Program in the Violence Prevention section at Metro Health. In her current role, she manages the provision and expansion of Triple P throughout San Antonio and Bexar County. She holds a bachelor of science in public health with a focus in medical anthropology from Syracuse University in Syracuse, New York. Prior to this, Brea worked with the Metro Health Diabetes Program as their AmeriCorps VISTA – engagement coordinator. Her passion is advancing health equity and ending structural violence against marginalized people in our communities.

