

UNITY COMMUNITY

Inaugural Trauma-Informed Care Conference

November 10, 2022

Hosted by:
The Institute for Trauma-Informed Care
at University Health

Made possible with contributions from
the City of San Antonio Metropolitan Health District



CITY OF SAN ANTONIO
METROPOLITAN HEALTH DISTRICT

Welcome

On behalf of the Institute for Trauma-Informed Care at University Health, I would like to welcome you to our Inaugural Trauma-Informed Care Conference. Thank you for joining us as we continue in our shared journey to bring awareness to the impact of trauma, the importance of implementing trauma-informed care practices and the true power of resilience.

As we reflect on the challenges our communities have endured, we are reminded of the importance of being a good neighbor and a united community. This fortitude inspired the theme for this year's conference, "Unity in Community", which aims to cultivate that power.

We hope our sessions build on your knowledge and experience, and you are invigorated for the journey ahead. Let's transform San Antonio, Bexar County and beyond into trauma-informed communities.

Respectfully,



Belinda Garcia-Rattenbury, MPA
Executive Director
Institute for Trauma-Informed Care
University Health

Conference Schedule

10AM

WELCOME

Belinda Garcia-Rattenbury, Executive Director, Institute for TIC

OPENING KEYNOTE

Roy Juarez Jr.

10:05 A.M. – 11:05 A.M.

11AM

BREAK (10 MINUTES)

11:05 A.M. – 11:15 A.M.

UNDERSTANDING ADVERSE CHILDHOOD EXPERIENCES

Lauren Geraghty – Communities in Schools San Antonio

11:15 A.M. – 12:05 P.M.

12PM

BREAK FOR LUNCH (25 MINUTES)

12:05 P.M. – 12:30 P.M.

CULTURALLY RESPONSIVE ANTI-BIAS PRACTICES

Dr. Jen Nietzel – Education Equality Institute

12:30 P.M. – 1:20 P.M.

1PM

BREAK (10 MINUTES)

1:20 P.M. – 1:30 P.M.

I AM, BECAUSE WE ARE

Rick Griffin – Community Resilience Initiative

1:30 P.M. – 2:20 P.M.

2PM

BREAK (10 MINUTES)

2:20 P.M. – 2:30 P.M.

CLOSING KEYNOTE

Tonier “Neen” Cain

2:30 P.M. – 3:30 P.M.

3PM

THANK YOU AND CLOSING

4PM

OPENING KEYNOTE

Roy Juarez Jr.

10:00 A.M. – 11:05 A.M.

Born and raised on the south side of San Antonio, Texas, Juarez faced situations and obstacles that could have turned him into a negative statistic. But he found a way to overcome those challenges. At the age of 14, Juarez was a high school dropout and one of the hundreds of homeless youth on the streets of San Antonio. He carried with him only a duffle bag of personal items that he called a home. He moved from house to house to survive. Despite all that was working against him, he knew there was more to life, which is why he never lost sight of his dreams.



UNDERSTANDING ADVERSE CHILDHOOD EXPERIENCES

Lauren Geraghty – Communities in Schools

11:15 A.M. – 12:05 P.M.

An Adverse Childhood Experience (ACE) is any potentially traumatic event that can have a lasting, negative effect on a child or youth's health, behavior and academic well being. Participants of this session will learn about how ACEs impact our individual and collective health and how those who work and live in the community can help to prevent future ACEs by connecting those affected by toxic stress to resources for healing.

CULTURALLY RESPONSIVE ANTI-BIAS PRACTICES

Dr. Jen Nietzel – Education Equality Institute

12:30 P.M. – 1:20 P.M.

In this session, participants will learn about culturally responsive anti bias practices and how they can be used to promote positive identity development in young children. Because child development occurs within the context of culture, it is important to incorporate aspects of children and families' cultures within all aspects of early learning environments. Participants will learn about specific strategies that can be used to promote the positive identity development of all children.





I AM, BECAUSE WE ARE

Rick Griffin – Community Resilience Initiative

1:30 P.M. – 2:20 P.M.

"I Am, Because We Are" is a loose translation of the African concept of Ubuntu. However, its meaning is much bigger in scope than that. It embodies the ideas of connection, community and mutual caring for all. Participants of this session will learn about the power of Ubuntu, the power of having all humanity on your team working toward good. At a time when so much is dividing our country, this serves as an important reminder that we belong to a greater whole and strong relationships are a pathway to peace.

CLOSING KEYNOTE

Tonier "Neen" Cain

2:30 P.M. – 3:30 P.M.

Tonier is an advocate and educator, speaking all over the world on trauma, addiction, incarceration, homelessness, substance abuse and mental health. Her work is used as a model in other countries for the establishment of their trauma informed care protocols. Tonier was the former team leader for the National Center for Trauma Informed Care. Currently, she works to create international leaders in the field of trauma informed care working tirelessly to raise awareness about trauma informed care around the world.



Let's shift the focus from

What is **WRONG**
with you?



to



What
HAPPENED
to you?

ABOUT THE INSTITUTE

In January 2020, University Health partnered with the City of San Antonio to establish the Institute for Trauma-Informed Care (The Institute) with the goal of transforming San Antonio and Bexar County into a trauma-informed community. The Institute now serves as the training and technical assistance entity for organizations seeking Trauma-Informed Care (TIC) Certification.

KEY FUNCTIONS AND SERVICES

- Provide assessment, training, technical assistance and coaching to organizations that wish to become trauma informed
- Deliver cross-sector education and training on trauma and TIC to promote increased awareness to drive citywide change
- Ensure San Antonio's approach to delivering TIC reflects the community's unique culture and demographic characteristics while aligning with the needs of the community
- Promote a community vision, shared definition and common language of Trauma-Informed Care

WHAT WE DO

The Institute provides community awareness and education on Trauma-Informed Care using evidence-based programs. Training, along with collaborative efforts with community partners, allows the Institute to assist with organizational readiness toward the certification process.

AVAILABLE TRAININGS

- Introduction to Trauma-Informed Care (1 hour)
- Implementing TIC Principles (1 hour)
- ACE Interface (1.5 hours)
- Community Resilience Initiative Module 1 (6 hours)
- Community Resilience Initiative Module 2 (6 hours)

LEARNING EVENTS

In addition to ongoing training, the Institute offers a variety of learning events presented by subject matter experts. These opportunities serve as supplemental demonstrations on how to apply TIC principles to everyday life.

Visit our website for our latest calendar of trainings and events.

InstituteTIC.com

Evidence-Based Curriculum



ACE Interface
aceinterface.com



Community Resilience Initiative
ciresilient.org



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